## How Virginia's Health Ranks in 50 States

## Lower rankings for these 34 measures among the 50 states are best: 1 is the best and 50 is the worst.

Child Poverty  Alcohol-Induced Beath  10  Disability-adjusted Life Years  Alzheimer's Disease Death Flu Shot, 65:  Unintentional Injury Death  Alt-cause Death  19  Unemployment  Physical Activity, adults Penumonia and Influenza Death  Falls Death, 65:  Sucide Death  13  Stable  Improved  Improve		Measure	State Ranking 2015					202	20 Ranking	Status
Alcohol-Induced Beath  IO  Disability-adjusted Life Years  Alzheimer's Disease Death  Flu Shot, 65:  Unintentional injury Death  Motor Vehicle Traffic Crash Death  All-cause Death  Unemployment  Physical Activity, adults  Pneumonia and influenza Death  Alcohol Use, Youth  Alcohol Use, Youth  Alcohol Use, Youth  Alcohol Use, Youth  Life Expectancy, Birth  HIV Death  Homicide  Seatbelt Use, adults  Cancer Death  Drug Overdose Death  Drug Drug Drug Drug Drug Drug Drug Drug		Child Poverty	11						7	Improved
Disability-adjusted Life Years  Alzheimer's Disease Death Flu Shot. 65*  Unintentional Injury Death  Disability-adjusted Life Years  Alzheimer's Disease Death Flu Shot. 65*  Unintentional Injury Death  Motor Vehicle Traffic Crash Death  All-cause Death  Unemployment  14 (2016)  Physical Activity, adults  Pneumonia and Influenza Death  Pneumonia and Influenza Death  Falls Death, 65*  29  16 Improved  Pneumonia and Influenza Death  Falls Death, 65*  29  16 Improved  Improved  Falls Death, 65*  Suicide Death  13  16 Worsened  Alcohol Use, Youth  4  17 Worsened  Current Cigarette Smoking, adult  20  17 Improved  Heart Disease Death  18  Teen Births  12  18  Worsened  Life Expectancy, Birth  HIV Death  Homicide  20  21 Worsened  Seatbett Use, adults  Cigarette Smoking, youth  5  23 Worsened  Seatbett Use, adults  Cigarette Smoking, youth  5  24 Worsened  Drug Overdose Death  Binge Drinking, adults  12  24  Worsened  Drug Overdose Death  Binge Drinking, adults  22  24  Worsened  Drug Overdose Death  Binge Drinking, adults  25  Cancer Death  Drug Overdose Death  Binge Drinking, adults  27  28  Worsened  Drug Overdose Death  Binge Drinking, adults  29  29  Worsened  Drug Overdose Death  Binge Drinking, adults  20  24  Worsened  Drug Overdose Death  Binge Drinking, adults  27  29  Worsened  Drug Overdose Death  Binge Drinking, adults  27  29  Worsened  Drug Overdose Death  Binge Drinking, adults  27  29  Worsened  Drug Overdose Death  Binge Drinking, adults  27  29  Worsened  Stroke Death  Drug Overdose Death  Binge Drinking, adults  27  29  Worsened  Drug Overdose Death  Binge Drinking, adults  27  29  Worsened  Drug Overdose Death  Binge Drinking, adults  27  29  Worsened  Drug Overdose Death  Binge Drinking, adults  27  29  Worsened  Drug Overdose Death  Binge Drinking, adults  27  29  Worsened  Drug Overdose Death  Binge Drinking, adults  27  Worsened  Drug Overdose Death  Binge Drinking, adults  29  20  Worsened  Drug Drinking, adults  20  Worsened  Drug Drinking, adults  20  Worsened  Drug Drinking, adults  Drug D									9	Improved
Alzheimer's Disease Death  Flu Shol, 65*  Unintentional Injury Death  All-cause Death  All-cause Death  Is Stable  All-cause Death  Is Stable  All-cause Death  Is Stable  Improved  Inmproved  Inmpro		COVID-19 Death							10	
Atzheimer's Disease Death  Flu Shot, 65-  23  15 Improved  Flu Shot, 65-  23  15 Improved  Unintentional Injury Death  9  15 Worsened  Motor Vehicle Traffic Crash Death  19  16 Improved  Unemployment  14 (2016)  16 Improved  Physical Activity, adults  Pheumonia and Influenza Death  Falls Death, 65-  29  16 Improved  Improved		Disability-adjusted Life Years	13						13	Stable
Unintentional Injury Death  Motor Vehicle Traffic Crash Death  All-cause Death  Inproved  Unemployment  Indicativity, adults  Preumonia and Influenza Death  Alcohol Use, Youth  Current Cigarette Smoking, adult  Teen Births  Indicate  Life Expectancy, Birth  HIV Death  Horicide  Seatbelt Use, adults  Cigarette Smoking, youth  Seatbelt Use, adults  20  24  Worsened  Worsened  Finge Drinking, adults  7  26  Worsened  Finge Drinking, adults  Cigarette Smoking, wouth  Seatbelt Use, adults  Cigarette Smoking, youth  Seatbelt Use, adults  Cigarette Smoking, youth  Seatbelt Use, adults  20  24  Worsened  Worsened  Worsened  Worsened  Worsened  Life Expectancy, Birth  Worsened  Worsened  Worsened  Worsened  Worsened  Life Expectancy, Birth  Life Exp			18						15	Improved
Motor Vehicle Traffic Crash Death  All-cause Death  Unemployment  Physical Activity, adults  Pneumonia and Influenza Death  Is   16   Improved   Improved   17   Improved   Improved   17   Improved   Improved   17   Improved   Improved   18   18   Stable   Improved   17   Improved   Improved   18   Improved   Improved   18   Improved   Improved   19   Improved   Improved   19   Improved   Improved   19   Improved   Improved   18   Improved   Improved   19   Improved   Improved		Flu Shot, 65+	23						15	Improved
All-cause Death  Unemployment  14 (2016)  16 Worsened  Physical Activity, adults  21 16 Improved  Physical Activity, adults  21 16 Improved  Impro		Unintentional Injury Death	9						15	Worsened
Unemployment		Motor Vehicle Traffic Crash Death	15						15	Stable
Unemployment 14 (2016) 16 Worsened Physical Activity, adults 21 18 Improved Improved Pneumonia and Influenza Death 24 16 Improved Improved Suicide Death 13 16' Worsened Akcohol Use, Youth 4 17 Worsened Current Cigarette Smoking, adult 20 17 Improved Heart Disease Death 18 18 Stable Teen Births 12 18 Worsened Life Expectancy, Birth 16 18 Worsened Homicide 20 21 Worsened Seatbelt Use, adults 25 25 22 Improved Cigarette Smoking, youth 5 23' Worsened Seatbelt Use, adults 20 24 Worsened Disease Death 23 25 Worsened Seatbelt Use, adults 20 24 Worsened 24 Worsened 25 Worsened 26 Worsened 27 26 Worsened 27 Worsened 28 Worsened 29 29 29 Worsen		All-cause Death	19						16	Improved
Pneumonia and Influenza Death Falls Death, 65* 29 16 Improved Suicide Death 13 16' Worsened Alcohol Use, Youth 4 17 Worsened Current Cigarette Smoking, adult 18 18 Stable Teen Births 12 18 Worsened Life Expectancy, Birth HIV Death 16 18 Worsened Homicide 20 21 Worsened Seatbelt Use, adults Cigarette Smoking, youth 5 23 Worsened Self-Rated Health, Good or Better, adults Cancer Death Drug Overdose Death Infant Mortality Low Birth Weight Low Birth Weight Low Birth Weight Life Expectancy, Birth 29 20 21 20 21 21 22 23 25 23 25 22 24 26 26 27 26 27 28 27 29 29 29 29 29 29 29 29 29 29 20 20 20 20 20 20 20 20 20 20 20 20 20		Unemployment	14 (2	2016)						Worsened
Falls Death, 65*  Suicide Death  Alcohol Use, Youth  Alcohol Use, Youth  4 17 Worsened  Current Cigarette Smoking, adult  Heart Disease Death  18 18 Stable  Teen Births  12 18 Worsened  Life Expectancy, Birth  HIV Death  Homicide  Seatbelt Use, adults  Cigarette Smoking, youth  Seatbelt Use, adults  Cigarette Smoking, youth  Self-Rated Health, Good or Better, adults  Cancer Death  Drug Overdose Death  Binge Drinking, adults  Obesity, adults  Low Birth Weight  Low Birth Worsened  Worsened  Worsened  Worsened  Worsened		Physical Activity, adults	21						<b>16</b>	Improved
Falls Death, 65*  Suicide Death  13  16' Worsened  Alcohol Use, Youth  4  17 Worsened  Current Cigarette Smoking, adult  18  Teen Births  12  18  Worsened  Life Expectancy, Birth  HIV Death  Hemicide  Seatbelt Use, adults  Cigarette Smoking, youth  Self-Rated Health, Good or Better, adults  Cancer Death  Drug Overdose Death  Drug Overdose Death  Infant Mortality  Low Birth Weight  Low Birth Weight  Low Birth Weight  Low Broke Death  Diabetes Death  13  16' Worsened  17  Worsened  18  18  18  18  18  18  Worsened  18  Worsened  18  Worsened  18  Worsened  20  21  Worsened  22  23  Worsened  24  Worsened  Worsened  Worsened  Worsened  Diabetes Death  24  27  Worsened  Worsened  Worsened  Worsened  Worsened  Worsened  24  27  Worsened  Worsened  Worsened  Worsened  Worsened  Pag 29  Worsened		Pneumonia and Influenza Death	24							
Alcohol Use, Youth  Alcohol Use, Youth  Current Cigarette Smoking, adult  Peer Births  18  18  18  18  Stable  Teen Births  12  18  Worsened  Life Expectancy, Birth  HIV Death  Homicide  Seatbelt Use, adults  Cigarette Smoking, youth  Self-Rated Health, Good or Better, adults  Cancer Death  Drug Overdose Death  Binge Drinking, adults  Drug Overdose Death  Infant Mortality  Low Birth Weight  Low Birth Weig		Falls Death, 65+	29						<b>16</b>	Improved
Current Cigarette Smoking, adult  Heart Disease Death  Teen Births  12  18  Worsened  Life Expectancy, Birth  HIV Death  Homicide  Seatbelt Use, adults  Cigarette Smoking, youth  Self-Rated Health, Good or Better, adults  Cancer Death  Drug Overdose Death  Binge Drinking, adults  Drug Overdose Death  Low Birth Weight  Low Birth Weight  Low Birth Weight  Diabetes Death  Diabetes Death  Diabetes Death  Diabetes Death  Life Expectancy, Birth  18  Worsened  Worsened  Life Expectancy, Birth  18  Worsened  Worsened  20  21  Worsened  22  Low Worsened  Worsened  Worsened  Vorsened  Low Birth Weight  22  27  Worsened  Worsened  Low Operation, adults  27  29  Worsened  Worsened  Diabetes Death  29  29  Worsened  Worsened  Diabetes Death  20  21  Worsened  22  Worsened  Worsened  Worsened  Worsened  Low Operation, adults  27  29  Worsened  Worsened  Worsened  Diabetes Death  29  29  Worsened		Suicide Death	13						16*	Worsened
Heart Disease Death  Teen Births  12  18  Worsened  Life Expectancy, Birth  HIV Death  Homicide  Seatbelt Use, adults  Cigarette Smoking, youth  Self-Rated Health, Good or Better, adults  Cancer Death  Drug Overdose Death  Binge Drinking, adults  Drug Overdose Death  Infant Mortality  Low Birth Weight  Low Birth Weight  Low Birth Weight  Low Death  Life Expectancy, Birth  12  18  Worsened  Worsened  20  21  Worsened  22  Low Birth Weight  Low Birth Weight  Low Birth Weight  Low Death  Low Oversened  Low Oversened  Low Death  Low Death  Low Death  Low Oversened  Low Oversen		Alcohol Use, Youth	4						17	Worsened
Teen Births  Life Expectancy, Birth  HIV Death  Homicide  Seatbelt Use, adults  Cigarette Smoking, youth  Self-Rated Health, Good or Better, adults  Cancer Death  Drug Overdose Death  Binge Drinking, adults  Obesity, adults  Low Birth Weight  Low Birth Weight  Low Birth Weight  Diabetes Death  12  18  Worsened  Worsened  20  21  Worsened  22  25  Worsened  23  25  Worsened  24  Worsened  Worsened  Worsened  25  Worsened  26  Worsened  27  Worsened  29  Worsened		Current Cigarette Smoking, adult	20						17	Improved
Teen Births  Life Expectancy, Birth  HIV Death  Homicide  Seatbelt Use, adults  Cigarette Smoking, youth  Self-Rated Health, Good or Better, adults  Cancer Death  Drug Overdose Death  Binge Drinking, adults  Obesity, adults  Italian  Total Completion, adults  12  18  Worsened  Worsened  20  21  Worsened  22  Improved  23  Worsened  24  Worsened  25  Worsened  26  Worsened  27  Worsened  Worsened  12  26  Worsened  17  26  Worsened  18  Worsened  27  Worsened  28  Worsened  29  Worsened  19  Low Birth Weight  20  21  Worsened  20  24  Worsened  25  Worsened  26  Worsened  27  Worsened  28  Worsened  29  Worsened  Diabetes Death		Heart Disease Death		18					18	Stable
HIV Death  Homicide  20 21 Worsened  Seatbelt Use, adults  25 22 Improved  Cigarette Smoking, youth  Self-Rated Health, Good or Better, adults  Cancer Death  Drug Overdose Death  Binge Drinking, adults  Obesity, adults  12 25 Worsened  Worsened  Worsened  12 25 Worsened  Worsened  12 26 Worsened  Worsened  12 26 Worsened  Low Birth Weight  22 27 Worsened  Low Birth Weight  29 29 Worsened  Stroke Death  Diabetes Death  20 21 Worsened  23 25 Worsened  24 27* Worsened  24 27* Worsened  25 27 29 Worsened  27 29 Worsened  29 29 Worsened  29 29 Worsened  29 29 Worsened  29 29 Worsened  20 20 21 Worsened  20 21 21 22 25 Worsened  24 27* Worsened  25 26 Worsened  26 Worsened  27 29 Worsened  28 Worsened  29 29 Worsened  29 29 Worsened  29 29 Worsened		Teen Births		12					18	
Homicide  Seatbelt Use, adults  25  Cigarette Smoking, youth  Self-Rated Health, Good or Better, adults  Cancer Death  Drug Overdose Death  Binge Drinking, adults  Obesity, adults  12  25  Worsened  Worsened  Worsened  Worsened  Worsened  23  25  Worsened  Worsened  Worsened  24  Worsened  Worsened  Worsened  Vorsened  Low Birth Weight  22  27  Worsened  High School Completion, adults  29  29  Worsened  Vorsened		Life Expectancy, Birth							18*	
Homicide  Seatbelt Use, adults  25  Cigarette Smoking, youth  Self-Rated Health, Good or Better, adults  Cancer Death  Drug Overdose Death  Binge Drinking, adults  Obesity, adults  Infant Mortality  Low Birth Weight  High School Completion, adults  Seatbelt Use, adults  25  Low Birth Weight  Drug Overdose Death  Drug Overd		HIV Death		16					18	Worsened
Cigarette Smoking, youth  5 23* Worsened  Self-Rated Health, Good or Better, adults 20 24 Worsened  Cancer Death 23 25 Worsened  Drug Overdose Death 12 25 Worsened  Binge Drinking, adults 7 26 Worsened  Obesity, adults 22 26 Worsened  Infant Mortality 24 27* Worsened  Low Birth Weight 22 27 Worsened  High School Completion, adults 27 29 Worsened  Stroke Death 29 29 Worsened  Diabetes Death 24 29 Worsened		Homicide			20				21	
Cigarette Smoking, youth523*WorsenedSelf-Rated Health, Good or Better, adults2024WorsenedCancer Death2325WorsenedDrug Overdose Death1225WorsenedBinge Drinking, adults726WorsenedObesity, adults2226WorsenedInfant Mortality2427*WorsenedLow Birth Weight2227WorsenedHigh School Completion, adults2729WorsenedStroke Death2929WorsenedDiabetes Death2429Worsened		Seatbelt Use, adults			25				22	Improved
Self-Rated Health, Good or Better, adults  20 24 Worsened  Cancer Death  23 25 Worsened  Drug Overdose Death  12 25 Worsened  Binge Drinking, adults  7 26 Worsened  Obesity, adults  22 26 Worsened  Infant Mortality  24 27* Worsened  Low Birth Weight  22 27 Worsened  High School Completion, adults  27 29 Worsened  Stroke Death  Diabetes Death  Diabetes Death		Cigarette Smoking, youth			5				23*	•
Drug Overdose Death  12 25 Worsened  Binge Drinking, adults 7 26 Worsened  Obesity, adults 22 26 Worsened  Infant Mortality 24 27* Worsened  Low Birth Weight 22 27 Worsened  High School Completion, adults 27 29 Worsened  Stroke Death 29 29 Worsened  Diabetes Death 24 29 Worsened		Self-Rated Health, Good or Better, adult	.s			20			_	Worsened
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Obesity, adults  Infant Mortality  Low Birth Weight  High School Completion, adults  Stroke Death  Diabetes Death  22 26 Worsened  24 27* Worsened  27 29 Worsened  Worsened  28 29 Worsened  29 29 Worsened  Worsened  20 29 Worsened  20 29 Worsened  21 29 Worsened  22 27 Worsened  23 29 Worsened  24 29 Worsened		Drug Overdose Death					12		25	Worsened
Infant Mortality  Low Birth Weight  Pigh School Completion, adults  Stroke Death  Diabetes Death  24 27* Worsened  27 29 Worsened  29 29 Worsened  Worsened  29 29 Worsened  20 29 Worsened  20 29 Worsened  21 29 Worsened  22 27 Worsened  23 29 Worsened  24 29 Worsened		Binge Drinking, adults					7		26	Worsened
Low Birth Weight  22 27 Worsened  High School Completion, adults  27 29 Worsened  Stroke Death  Diabetes Death  29 29 Worsened  Worsened  24 29 Worsened		Obesity, adults					22		26	Worsened
High School Completion, adults  Stroke Death  Diabetes Death  27 29 Worsened  29 29 Worsened  24 29 Worsened		Infant Mortality					24		27*	Worsened
Stroke Death  Diabetes Death  29 29 Worsened  24 29 Worsened		Low Birth Weight					22		27	Worsened
Stroke Death  Diabetes Death  29 29 Worsened  Worsened		High School Completion, adults						27	29	Worsened
Diabetes Death  24 29 Worsened		Stroke Death							29	Worsened
Tuberculosis Incidence 32 37 Worsened		Diabetes Death							-	Worsened
		Tuberculosis Incidence						32	37	Worsened

Bottom Half of States

Rankings in the

\*(2019)

Death rates were age-adjusted to the U.S. Standard Population

Where there were fewer than 50 states with risk factor data, rankings were normalized to range from 1 to 50

Data sources for this report: Births and Deaths: U.S. Centers for Disease Control and Prevention, National Center for Health Statistics, National Vital Statistics System (NVSS). Accessed via https://wonder.cdc.gov/ and https://www.cdc.gov/cdi/. Tuberculosis Incidence: U.S. Centers for Disease Control and Prevention's Online Tuberculosis Information System (OTIS). Accessed via https://www.cdc.gov/brfss/, https://www.cdc.gov/flu/fluvaxview, https://www.cdc.gov/vaccines, and https://www.cdc.gov/cdi/. Youth (High School Student) Risk Factor Data: U.S. Centers for Disease Control and Prevention (CDC). 1991-2015 High School Youth Risk Behavior Survey Data. Available at http://nccd.cdc.gov/youthonline/. High School Completion and GINI Index: United States Bureau of the Census, American Community Survey (ACS). Available at https://factfinder.census.gov. Child Poverty: United States Bureau of the Census, Small Area Income and Poverty Estimates (SAIPE) Data Interactive Tool. Available at http://www.census.gov/did/www/saipe/data/interactive.