

How Virginia's Health Ranks in 50 States

Lower rankings for these 34 measures among the 50 states are best:
1 is the best and 50 is the worst.

| Measure | State Ranking 2015 | 2020 Ranking | Status |
|---|--------------------|--------------|----------|
| Child Poverty | 11 | 7 | Improved |
| Alcohol-Induced Death | 10 | 9 | Improved |
| COVID-19 Death | | 10 | |
| Disability-adjusted Life Years | 13 | 13 | Stable |
| Alzheimer's Disease Death | 18 | 15 | Improved |
| Flu Shot, 65+ | 23 | 15 | Improved |
| Unintentional Injury Death | 9 | 15 | Worsened |
| Motor Vehicle Traffic Crash Death | 15 | 15 | Stable |
| All-cause Death | 19 | 16 | Improved |
| Unemployment | 14 (2016) | 16 | Worsened |
| Physical Activity, adults | 21 | 16 | Improved |
| Pneumonia and Influenza Death | 24 | 16 | Improved |
| Falls Death, 65+ | 29 | 16 | Improved |
| Suicide Death | 13 | 16* | Worsened |
| Alcohol Use, Youth | 4 | 17 | Worsened |
| Current Cigarette Smoking, adult | 20 | 17 | Improved |
| Heart Disease Death | 18 | 18 | Stable |
| Teen Births | 12 | 18 | Worsened |
| Life Expectancy, Birth | | 18* | |
| HIV Death | 16 | 18 | Worsened |
| Homicide | 20 | 21 | Worsened |
| Seatbelt Use, adults | 25 | 22 | Improved |
| Cigarette Smoking, youth | 5 | 23* | Worsened |
| Self-Rated Health, Good or Better, adults | 20 | 24 | Worsened |
| Cancer Death | 23 | 25 | Worsened |
| Drug Overdose Death | 12 | 25 | Worsened |
| Binge Drinking, adults | 7 | 26 | Worsened |
| Obesity, adults | 22 | 26 | Worsened |
| Infant Mortality | 24 | 27* | Worsened |
| Low Birth Weight | 22 | 27 | Worsened |
| High School Completion, adults | 27 | 29 | Worsened |
| Stroke Death | 29 | 29 | Worsened |
| Diabetes Death | 24 | 29 | Worsened |
| Tuberculosis Incidence | | 32 37 | Worsened |

Rankings in the Bottom Half of States

*(2019)

Death rates were age-adjusted to the U.S. Standard Population
 Where there were fewer than 50 states with risk factor data, rankings were normalized to range from 1 to 50
 Data sources for this report: Births and Deaths: U.S. Centers for Disease Control and Prevention, National Center for Health Statistics, National Vital Statistics System (NVSS). Accessed via <https://wonder.cdc.gov/> and <https://www.cdc.gov/cdi/>. Tuberculosis Incidence: U.S. Centers for Disease Control and Prevention's Online Tuberculosis Information System (OTIS). Accessed via <https://wonder.cdc.gov/>. Adult Risk Factor Data: U.S. Centers for Disease Control and Prevention's Behavioral Risk Factor Surveillance System (BRFSS). Accessed via <https://www.cdc.gov/brfss/>, <https://www.cdc.gov/flu/fluview/>, <https://www.cdc.gov/vaccines/>, and <https://www.cdc.gov/cdi/>. Youth (High School Student) Risk Factor Data: U.S. Centers for Disease Control and Prevention (CDC). 1991-2015 High School Youth Risk Behavior Survey Data. Available at <http://nccd.cdc.gov/youthonline/>. High School Completion and GINI Index: United States Bureau of the Census, American Community Survey (ACS). Available at <https://factfinder.census.gov>. Child Poverty: United States Bureau of the Census, Small Area Income and Poverty Estimates (SAIPE) Data Interactive Tool. Available at <http://www.census.gov/did/www/saipe/data/interactive>.